



Holy Rood Catholic Primary School

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Headteacher: Mrs K Dobson

Dear Parents/Carers,

As you may be aware, Relationship Education became statutory for all primary schools from September 2020.

Our school now uses a Relationship Education and Collective Worship programme for Catholic primary schools, titled **Life to the Full** and we want to give you an overview of this programme.

The **Life to the Full** programme is based on 'A Model Catholic RSE Curriculum' by the Catholic Education Service which was highlighted as a work of good practice by the Department of Education. Therefore, we have confidence that the programme will be fit for purpose in supporting the growth and development of your child.

Life to the Full is much more than a series of lessons. It is an entire platform of creative resources that will engage, inform and inspire our children and indeed, you as parents. This includes interactive video content, story-based activities, employing a wide range of teaching tools, original worship music and an accompanying programme of classroom prayers.

In addition, there is an online parent platform so that you, as parent and carers, can engage with the teaching and deepen the experience for your child.

To access the online parent platform please visit: www.tentenresources.co.uk/parent-portal/

When you log into the portal, please use the log in details below on the screen shown.

Restricted Access

Username or email

holy-rood-s70

Password

.....

Remember Me

Log in



School Username: holy-rood-s70

School Password: glass-vase

Once you are logged in and have clicked '**Life to the full**', you will find a video overview of the programme. See pictures below.

Online Parent Portal



Online Parent Portal - Life to the Full

Relationship and Health Education for Catholic primary schools

Life to the Full is a programme in Relationship and Health Education for Catholic primary schools throughout the UK.

Our Online Parent Portal contains:

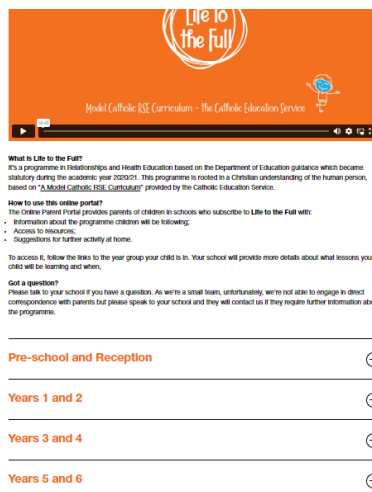
- An overview of the programme, "Life to the Full"
- Guidance for parents on the content of lessons
- Activities that can be undertaken at home to support the delivery of the programme



What is Life to the Full?

It's a programme in Relationships and Health Education based on the Department of Education guidance which became statutory during the academic year 2020/21. This programme is rooted in a Christian understanding of the human person, based on "[A Model Catholic RSE Curriculum](#)" provided by the Catholic Education Service.

Underneath this you will find more information with tabs to allow you to click on the key stage that applies to your child.



In each key stage section, you can click on the unit that you would like more information about. Once you have done this you will see a page like the one below:

Unit 3: Emotional Well-Being

Over the three sessions of Unit 3 – Emotional Well-Being, children will meet presenters Jayden and Josie and fictional character Super Susie. They will help children to understand and articulate their own changing feelings and how other people's feelings might differ from theirs. Children will learn how they can manage their feelings and about the consequences of their actions.

Unit prayer: Thank You for Our Feelings	⊕
Session 1: Feelings, Likes and Dislikes	⊕
Session 2: Feeling Inside Out	⊕
Session 3: Super Susie Gets Angry	⊕

This page includes all sessions in the unit, information on what the children will learn and some suggested home activities for you should you wish to continue the learning at home. Some of this can be accessed by clicking on the individual sessions.

Life to the Full is intended to be partnership between home, school and Church. We know that you already do a fantastic job with your child at home and through their programme Life to the Full, Ten Ten understand the foundational role that parents have in educating and nurturing their children on these matters. Within the programme, they have built in resources which will not only keep you informed about what is being taught in school, but will also give you the opportunity to engage your children in discussion, activity and prayer. We see our new programme, Life to the Full, as an opportunity to further develop, support and enrich the partnership between home, school and Church so that your child is fully supported.

Kind regards



Mrs K Dobson
Headteacher