#### What is bullying?

- Bullying is a series of repeated incidents when someone hurts you multiple times (Year 6)
- Bullying is when someone is constantly mean to you (Year 3)
- Bullying is repetitive, intentional harassment and it must happen every day (Year 5)

# Child friendly

'Anti-Bullying' charter

## What are the different types of bullying?

- Mental (Year 6)
- Online (Year 5)
- Physical (Year 2)
- Emotional (Year 4)
- Verbal (Year 3)

#### Bullying is NOT ...

- Acceptable and you should NOT do it to anyone (Year 6)
- Being unkind for just one day (Year 3)
- Inclusive (Year 2)
- Tolerated in our school (Year 6)

### Bullying can make children feel...

- Useless (Year 5)
- Hurt and alone (Year 4)
- Disappointed and empty (Year 3)
- Terrified (Year 2)
- Lonely (Year 6)

## What are the school's responsibilities?

- To make sure children feel safe in school and to deal with any incidents of bullying quickly (Year 6)
- Show and teach us how to be kind to everyone (Year 2)
- Promote respect (Year 3)
- Guide and support people who do bully (Year 6)
- Keep us safe (Year 1)

Created by the pupils of Holy Rood Catholic Primary School 2022/23

# What does school do to prevent bullying?

- Ensure that staff are approachable and available (Year6)
- Teach us to have kind hands (FS2)
- Teach us to have helping hands (Nursery)
- Talk about bullying in the classroom (Year 2)
- Teach us about 'anti bullying' (Year 4)
- Buddy Bench (Year 5)
- Wellbeing Ambassadors (Year 6)
- Playground leaders (Year 3)
- Worry Monsters (Year 1)
- Worry Box (Year 4)

#### What should we do and who should we tell if we are being bullied?

- Talk to someone, a problem shared is a problem halved (Year 3)
- Mums and Dads (Year 1)
- Tell a trusted person teachers (Year 6)
- Grandparents (Year 2)
- Friends (Year 4)
- A playground leader (Year 5)
- A Wellbeing Ambassador (Year 6)